



# Environmental Science

*Class I Practice Worksheets*

Name

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Section

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1. Fill in the blanks: My grandparents stay \_\_\_\_\_ us. (Far from/close to/with)
2. What is a joint family?
3. Where do we get honey from?
4. State True or False: We should eat healthy food.  
A) true  
B) false
5. What is the use of egg and meat?
6. Which is the most important meal of the day?

7. State True or False: Fish is good for muscles.  
A) true  
B) false
8. How is milk useful to us?
9. State True or False: Breakfast is taken in evening.  
A) true  
B) false
10. State True or False: We eat flower of broccoli plant.  
A) true  
B) false
11. Choose the correct option: Toffees, chips etc. are not good for \_\_\_\_\_.  
A) lunch  
B) dinner  
C) health  
D) running
12. When do we have dinner?
13. Name the plants whose leaves are edible?
14. State True or False: We can work and play due to energy obtained from food.  
A) true  
B) false
15. Choose the correct option: Dinner is taken in \_\_\_\_\_.  
A) morning  
B) evening  
C) noon  
D) night

16. Choose the correct option: We have \_\_\_\_\_ meals a day.

- A) one
- B) two
- C) three
- D) four

17. State True or False: Food does not gives us energy.

- A) true
- B) false

18. State True or False: We eat one meal a day.

- A) true
- B) false

19. Name the plants whose roots are edible?

20. Choose the correct option: We get milk from \_\_\_\_\_.

- A) cow
- B) lizard
- C) cockroach
- D) silkworm

21. State True or False: Lunch is done in noon.

- A) true
- B) false

22. Choose the correct option: Lettuce is the \_\_\_\_\_ of the plant we eat.

- A) root
- B) leaf
- C) stem
- D) flower

23. Choose the correct option: \_\_\_\_\_ wear school uniform.

- A) soldier
- B) teacher
- C) student
- D) carpenter

24. State True or False: It is good to wash clothes with soap and water.

- A) true
- B) false

25. Choose the correct option: \_\_\_\_\_ clothes keeps us cool.

- A) cotton
- B) woolen
- C) rayon
- D) nylon

26. State True or False: Fire is very dangerous.

- A) true
- B) false

27. On which light should we stop crossing?

28. Choose the correct option: We should not play with \_\_\_\_\_ objects.

- A) good
- B) sharp
- C) playing
- D) all of these

29. Should we follow traffic light?

30. Choose the correct option: Red light tells us to

\_\_\_\_\_.

A) wait and look

B) stop

C) jump

D) go

31. Choose the correct option: \_\_\_\_\_ is an  
emergency care.

A) doctor

B) first aid

C) chocolates

D) all of these

32. Choose the correct option: \_\_\_\_\_ should be done regularly.

A) washing

B) medical check-up

C) jumping

D) dancing

33. Choose the correct option: Sleep gives us good \_\_\_\_\_.

A) food

B) roof

C) rest

D) money

34. State True or False: We should use dirty towel after bathing.

A) true

B) false

35. What should we do if wax gets collected in the ear?

36. Why should nails be cut regularly?

37. State True or False: We should watch TV from close.

A) true

B) false

38. Choose the correct option: Wax collected in the ear is removed by \_\_\_\_\_.

A) carpenter

B) doctor

C) cobbler

D) tailor

39. State True or False: Walking is a good exercise.

A) true

B) false

40. Why should not we eat junk food?

41. How many hours of sleep should you take?

42. State True or False: We need to take rest everyday.

A) true

B) false

43. State True or False: Do not draw pictures on the wall

A) true

B) false

44. Choose the correct option: Take proper amount of \_\_\_\_\_ daily.

- A) chocolates
- B) ice cream
- C) sleep
- D) sugar

45. Choose the correct option: Wash your \_\_\_\_\_ after each meal.

- A) legs
- B) arms
- C) hands
- D) eyes

46. Choose the correct option: We should not play with \_\_\_\_\_ objects.

- A) good
- B) sharp
- C) playing
- D) all of these

47. What is the most important thing to do early morning?

48. Choose the correct option: We should not play with \_\_\_\_\_ objects.

- A) good
- B) sharp
- C) playing
- D) all of these

